

**April 2012**  
**Schedule for FFSC Classes**  
**PRE-REGISTRATION IS REQUIRED**  
**Call us TODAY at 243-FFSC (3372)**

**Thriving in Japan Workshops**

- ✿ **Area Orientation Brief/Intercultural Relations**  
 (This class is required for all incoming adults. The class is 5-days, starting Monday at 8:45 am.)  
 Monday – Friday, 2<sup>nd</sup> – 6<sup>th</sup>  
 Monday – Friday, 9<sup>th</sup> – 13<sup>th</sup>  
 Monday – Friday, 16<sup>th</sup> – 20<sup>th</sup>  
 Monday – Friday, 23<sup>rd</sup> – 27<sup>th</sup>  
 Monday – Friday, 30<sup>th</sup> – May 4<sup>th</sup>
- ✿ **Your Japanese Home**  
 Monday, 2<sup>nd</sup>, 8:30 am – 12:30 pm
- ✿ **Monday Night Japanese**  
 Monday, 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>  
 6:00 pm – 7:15 pm
- ✿ **Enjoying Japanese Food**  
 Monday, 9<sup>th</sup>, 9:00 am – 1:00 pm
- ✿ **Everyday Japanese**  
 Monday, 9<sup>th</sup> & 23<sup>rd</sup>, 10:00 am – 11:15 am
- ✿ **Laugh Laugh Japanese**  
 Saturday, 14<sup>th</sup> & 28<sup>th</sup>, 10:00 am – 12:00 pm

**Financial Management**

- ✿ **Create a Spending Plan**  
 Wednesday, 4<sup>th</sup>, 11:00 am – 12:00 pm
- ✿ **Credit Reports and Scores**  
 Thursday, 5<sup>th</sup>, 11:00 am – 12:00 pm
- ✿ **Saving and Investing**  
 Wednesday, 11<sup>th</sup>, 11:00 am – 12:00 pm
- ✿ **Thrift Savings Plan**  
 Wednesday, 25<sup>th</sup>, 11:00 am – 12:00 pm
- ✿ **Purchasing Your Dream Home**  
 Friday, 27<sup>th</sup>, 1:30 pm – 3:30 pm



**Employment Assistance**

- ✿ **Employment Overview (2 separate days)**  
 Tuesday, 3<sup>rd</sup> & 17<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **Modeling Networking Group**  
 Tuesday, 10<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **Effective Resume Writing**  
 Thursday, 12<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **Government Employment Tips**  
 Thursday, 19<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **Interview Techniques**  
 Tuesday, 24<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **Getting Started Teaching English**  
 Wednesday, 25<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **English Teachers Networking Group**  
 Thursday, 26<sup>th</sup>, 10:00 am – 12:00 pm

**Life Skills Workshops**

- ✿ **English as a Second Language**  
 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **Communication, Anger & Stress Management, Assertiveness - CASA (4-part series)**  
 2<sup>nd</sup>, 4<sup>th</sup>, 9<sup>th</sup>, 11<sup>th</sup>, 2:00 pm – 4:00 pm
- ✿ **Joys & Challenges of Parenting**  
 2<sup>nd</sup>, 4<sup>th</sup>, 9<sup>th</sup>, 11<sup>th</sup>, 9:00 am – 11:00 am
- ✿ **Relationships 101**  
 2<sup>nd</sup>, 5<sup>th</sup>, 9<sup>th</sup>, 12<sup>th</sup>, 1:30 pm – 3:30 pm
- ✿ **Japanese Spouse Group**  
 Wednesday, 4<sup>th</sup>, 10:00 am – 12:00 pm
- ✿ **EML/Space “A” Travel**  
 Wednesday, 18<sup>th</sup>, 1:30 pm – 2:30 pm
- ✿ **Pre-Marriage Seminar**  
 Thursday, 19<sup>th</sup>, 9:00 am – 4:30 pm

**New Parent Support**

- ✿ **Labor & You**  
 Monday, 2<sup>nd</sup>, 1:00 pm – 7:00 pm
- ✿ **Boot Camp for New Dads**  
 Tuesday, 3<sup>rd</sup>, 1:00 pm – 3:30 pm
- ✿ **Yokosuka Play Morning**  
 Friday, 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, 9:30 am – 11:00 am
- ✿ **Baby Basics**  
 Wednesday, 11<sup>th</sup>, 1:30 pm – 4:30 pm
- ✿ **Basic Breastfeeding**  
 Wednesday, 18<sup>th</sup>, 1:30 pm – 3:30 pm
- ✿ **NMCRS' Budget 4 Baby**  
 (Please call NMCR at 243-4450 for sign-ups)  
 Thursday, 19<sup>th</sup>, 5:00 pm – 7:00 pm  
 Tuesday, 24<sup>th</sup>, 9:00 am – 11:00 am

**Transition & Relocation**

- ✿ **PCS Workshop**  
 Friday, 6<sup>th</sup>, 8:00 am – 12:00 pm
- ✿ **Separations -TAP (S-TAP)**  
 Service members who are not retirement eligible (Register via CCC)  
 2<sup>nd</sup> – 6<sup>th</sup>, 7:30 am – 4:30 pm  
 9<sup>th</sup> – 13<sup>th</sup>, 7:30 am – 4:30 pm  
 23<sup>rd</sup> – 27<sup>th</sup>, 7:30 am – 4:30 pm
- ✿ **Sponsor & Sponsor Coordinator Training**  
 Friday, 13<sup>th</sup>, 2:00 pm – 4:00 pm
- ✿ **Retirement-TAP (R-TAP)**  
 Service members who are retirement eligible, including medical (Register via CCC)  
 16<sup>th</sup> – 20<sup>th</sup>, 7:30 am – 4:30 pm
- ✿ **Disabled-TAP (D-TAP)**  
 Friday, 20<sup>th</sup>, 1:00 pm – 3:00 pm

**Ikego Classes**

- ✿ **Japanese Language Series (10 part series)**  
 Starting April 3<sup>rd</sup>  
 Every Tuesday, 12:00 pm – 1:30 pm
- ✿ **Kamakura Tour**  
 Wednesday, 4<sup>th</sup>, 9:30 am – 3:00 pm
- ✿ **Play Morning**  
 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, 10:00 am – 11:30 am
- ✿ **Welcome to Ikego**  
 Tuesday, 10<sup>th</sup>, 9:00 am – 2:00 pm
- ✿ **Employment Overview & Government Tips**  
 Tuesday, 17<sup>th</sup>, 10:00 am – 11:30 am
- ✿ **Kid's Craft Class**  
 Tuesday, 24<sup>th</sup>, 10:00 am – 11:00 am

**Negishi Classes**

- ✿ **Kid's Craft Class**  
 Friday, 6<sup>th</sup>, 10:30 am – 12:00 pm
- ✿ **Information Booth**  
 Friday, 13<sup>th</sup>, 9:00 am – 2:00 pm
- ✿ **Welcome To Negishi**  
 Wednesday, 18<sup>th</sup>, 10:00 am – 3:00 pm

**Special Events**

- ✿ **EFMP Training**  
 Monday, 23<sup>rd</sup>, 10:00 am – 11:00 am
- ✿ **IA Pre-Deployment**  
 Tuesday, 24<sup>th</sup>, 9:00 am – 12:30 pm
- ✿ **Japanese Widow Support Group**  
 Wednesday, 25<sup>th</sup>, 11:30 am – 2:30 pm
- ✿ **FRG Training**  
 Tues – Wed, 24<sup>th</sup> – 25<sup>th</sup>, 3:00 pm – 6:00 pm  
 Friday, 27<sup>th</sup>, 8:00 am – 4:00 pm





# The Fleet & Family Support Center

We may have just the answers you've been looking for!  
Our staff provides a broad range of professional services  
to help you while living in Japan.

Please visit our office and check out some of these great  
offerings:

- ✿ *Confidential Counseling*
- ✿ *Educational & Fun Classes*
- ✿ *Family Advocacy Support*
- ✿ *Financial Management Assistance*
- ✿ *Job Search & Transition Services*
- ✿ *Maps & Valuable Resource Files*
- ✿ *Relocation Assistance*
- ✿ *Translation Services*
- ✿ *Welcome Aboard Information*

**Yokosuka FFSC**  
**4<sup>th</sup> Deck, Building 3365**  
**243-FFSC (3372)**

Hours:

**Monday, Tuesday, Wednesday, Friday**  
8:00 a.m. - 4:30 p.m.  
**Thursday**  
8:00 a.m. - 3:00 p.m.

**Ikego FFSC**  
**Left of the Mini-Mart**

246-8052

Hours:

**Monday, Tuesday, Wednesday, Friday**  
8:30 a.m. - 5:30 p.m.  
**Thursday**  
8:30 a.m. - 2:00 p.m.

Visit Our Web site:  
[www.cnic.navy.mil/yokosuka/  
communitysupport/ffsc](http://www.cnic.navy.mil/yokosuka/communitysupport/ffsc)

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## April 2012 Calendar



**Fleet & Family  
Support Center**